

The Sports Council

Junior College

1. Throwball (Girls)

The Junior College Girls Team of H.R College secured the **1st** place at the **DSO Inter-Collegiate Throwball Championship** held on September 17, 2019 at the Shishuvan Maidan, Matunga.

Furthermore, they represented the College at the **DSO Zonals** and secured the **2nd** position.

The team consisted of: Nisha Bhasutkar, Tania Nava, Teesha Shah, Harshita Juriasinghani, Shubhechha Mehta, Stacy Mendonsa, Diya Nahar, Druvi Gala, Dhriti Shah, Vanshika Gala, Shanaya Anklesaria and Shruti Shah.

2. Handball (Girls)

The Junior College Girls Team of H.R. College stood **2nd** at the **DSO Handball Tournament** held on October 10, 2019 at the M.S.S.A Ground, Fort.

The team consisted of: Kajal Bang, Eva Shah, Vanshika Gala, Vamika Mandhania, Harshika Jain, Shanaya Anklesaria, Nisha Bhasutkar, Radha Hardas, Khushi Gada, Lavannia Harwani, Simi Lath and Tania Nava.

3. Table Tennis (Girls)

The Junior College Girls Team of H.R. College won the **2nd** place at the **DSO Table Tennis Tournament**. The tournament was held on October 10, 2019 at the YMCA, Colaba.

The Girls team consisted of: Hiya Doshi, Teesha Shah, Diya Mashruwala, Disha Mashruwala and Druvi Gala.

4. Sepak Takraw (Boys)

The Junior College Boys Team of H.R. College bagged the **1st** place at the **DSO Sepak Takraw Tournament** held on September 21, 2019 at the Manav Mandir High School, Malabar Hill.

The winning team consisted of: Mannan Dang, Pratham Kishinchandani, Pratyush Bokadia, Subhan Nasibdar and Shaunit Doijode.

5. Football (Boys)

The Junior College Football Team of H.R. College secured the **2nd** place at the **DSO Football Championship**. The tournament was held on September 23, 2019 at the Police Training Ground, Naigaon.

The team consisted of: Mannan Dang (C),



Junior College Girls Team secured the 1st place at the DSO Inter-Collegiate Throwball Championship



Junior College Girls Team secured the 2nd place at the DSO Handball Tournament



Junior College Boys Team secured the 1st place at the DSO Sepak Takraw Tournament



Junior College Boys Team secured the 2nd place at the DSO Football Championship

Pratham Kishinchandani, Pratyush Bokadia, Shivansh Chopra, Aaren Shintre, Hatim Husain, Shaunit Doijode, Berjis Batliwalla, Sanskar Raheja, Zahan Cassum, Samar Khalatkar, Priyansh Harjai, Ayush Panchamiya, Subhan Nasibdar, Chaitanya Parmani, Dev Julka, Aman Shaikh and Shaurya Sawant.

6. Athletics (Boys)

The Junior College Boys Team of H.R. College secured the **1st** place in **4x100 Mts. Relay** at the **DSO Athletics Meet**. It was held on October 3, 2019 at the University Sports Pavilion, Marine Lines.

The winning team members are: Aaren Shintre, Subhan Nasibdar, Pratyush Bokadia, Aman Shaikh and Zahan Hasnain Cassum.

7. Rollball (Boys)

Our Junior Boys secured the **1st** place in the **DSO Rollball Championship** which was held on October 7, 2019 at the Chembur Children's Home, Mankhurd.

The players of the winning team are: Jai Wadhwa, Priyanshu Chordia, Nikhil Punjabi, Rohan Budhrani, Prajay Shah, Rajeev Dodechani, Harsh Joshi, Mohit Kokal, Sahil Achhra and Jai Gowani.

8. Table Tennis (Boys)

The Junior College Boys made us proud by securing the **1st** place at the **DSO Table Tennis Tournament**. The tournament was held on October 9, 2019 at the YMCA, Colaba.

Furthermore, the Junior Boys Team secured the **2nd** position as they went on to represent the College at the **DSO Zonals Table Tennis Tournament**.

The Boys team consisted of: Dhruv Jhaveri, Priyansh Bramha, Sahil Menghani, Arsh Parekh and Raj Singh.



Junior College Boys stood 1st at the DSO Table Tennis Tournament



The Degree College Badminton Girls Team of H.R. College bagged the 2nd place at the Mumbai University Inter-Collegiate Badminton Championship



The Girls Chess Team of H.R. College won the M.M.K. Chess Tournament for the 9th consecutive year

Degree College

1. Badminton (Girls)

The Degree College Badminton Girls Team of H.R. College bagged the **2nd** place at the Mumbai University **Inter-Collegiate Badminton Championship** which was held on August 26 & 31, 2019 at the University Sports Pavilion, Marine Lines.

The team winning members are, Samiaa Shah, Gargee Degvekar, Deeksha Hardsant and Aashu Khatale.

2. Chess (Girls)

The Girls Chess Team of H.R. College displayed spectacular efforts in winning the **M.M.K. Chess Tournament** for the 9th consecutive year. The tournament, which was held at M.M.K. College, Bandra on July 26 & 27, 2019, saw the Girls Team being placed **1st**.

The team consisted of: Janhavi Soneji, Namrata Suhag, Vrushti Shah, and Mayuri Abnave.

The team once again proved their worth at the Mumbai University **Inter-Collegiate Chess Tournament**, where they secured the **1st** place. The tournament was held on October 1 & 2, 2019 at the B.K. Birla College of Arts, Science & Commerce, Kalyan.

The team consisted of: Janhavi Soneji, Urja Shah, Vrushti Shah and Mayuri Abnave.

3. Water Polo (Boys)

The Degree College Boys Team of H.R. College stood **3rd** at the Mumbai University **Inter-Collegiate Water Polo Tournament** which was held on 16th September, 2019 at the P.M. Hindu Bath, Chowpatty.

The winning team members are: Karan Bhatia, Kunal Ruparel, Parth Vora, Pratyush Iyer, Varun Sriram, Karan Lalwani, Bhavyen Naik, Nikesh Darji and Shivam Chaurasia, Raunak Damle and Pratyush Mahajan.

4. Chess (Boys)

The Boys Chess Team were the **Runners-Up** in the M.M.K. Chess Tournament which was held at the M.M.K. College, Bandra on July 26 & 27, 2019.

The winning members are: Varun Shriram, Jainam Mody, Atit Shah, Srinandan Kavi, Harshit Gupta and Rishit Jhaveri.

The Boys Team also took part in the Mumbai University **Inter-Collegiate Chess Tournament**, held on September 28 & 29, 2019 at the B.K. Birla College of Arts, where they secured the **2nd** place. They further advanced to the **Zonals** held on October 1 & 2, 2019 and were placed **2nd** in the same.

The team consisted of: Sanjeev Nair, Jainam Mody, Srinandan Kavi, Siddharth Gunecha, Harshit Bhandari and Shivam Chaurasia.

5. Fury

The Sports Council participated in Fury, an **Inter-Collegiate Sports Fest** organized by the NMIMS Sarla Anil Modi School of Economics, held on February 15 & 16, 2020 and we secured the **Overall Runners-Up** position. The following are the events in which the Council was placed:

1st place: Badminton – Gargee Devgekar

1st place: Table Tennis – Dhruv Jhaveri

2nd place: Football (Boys) – Shardul Zankar (C), Nikhil Sen, Nikhil Yadav, Atharva Shinde, Tenzing Bhutia, Vinay Chordia and Ishan Jawadekar.

Aman Murarka was awarded the **Best Batsman trophy** and Shardul Zankar was awarded the **Best Footballer**



The Degree College Boys Team of H.R. College stood 3rd at the Mumbai University Inter-Collegiate Water Polo Tournament



The Boys Chess Team were the Runners-Up in the M.M.K. Chess Tournament



Fury an Inter-Collegiate Sports Fest

trophy. The CL for the same was Aditya Jaimalani.

6. Junoon

The Sports Council of H.R. College participated in Junoon, an **Inter-Collegiate Sports Fest** organised by International Institute of Sports Management (IISM) which was held from January 20 to 24, 2020 at their campus in Marol. The CL and ACL for the same were Nikesh Darji and Saurabh Lohiya.

The contingent won the following events:

2nd Place: Chess – Janhavi Soneji

2nd Place: Cricket Auction – Saurabh Lohiya, Yash Ramchandani, Shantanu Nayak and Jigar Dialani

7. Yuva Khel Summit

The Sports Council of H.R. College participated in Yuva Khel Summit, a **sports competition** organised by Shiv Sena. The competition was held on February 14, 2020 at the Andheri Sports Complex.

The **Boys Basketball Team** secured the **3rd** place.

The team consisted of Rohit Bhagat, Sanchit Sehgal, Harshit Ranka, Raj Hamlai and Naman Khurana.



Junoon, an Inter-Collegiate Sports Fest



The Boys Basketball Team secured the 3rd place at Yuva Khel Summit

INDIVIDUAL ACHIEVEMENTS

Junior College

1. Varad Kulkarni – Swimming

He bagged the **2nd** place for his commendable performance in the Breast Stroke at the DSO Aquatics Tournament held on September 9, 2019 at the District Sports Complex, Dharavi.

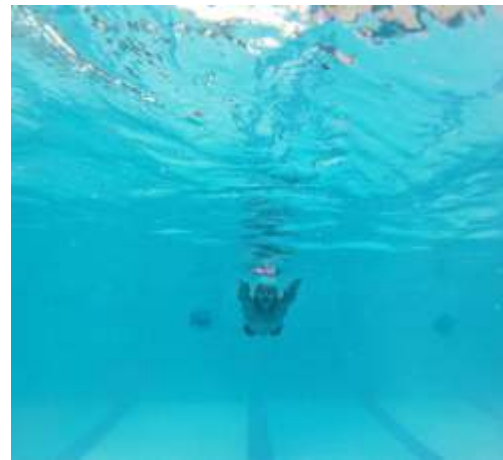
2. Aditya Rathod, Ketan Tarwani, Jesal Shukla & Bhavya Ganatra – Fencing

The DSO Fencing Tournament took place on September 16, 2019 at the District Sports Complex, Dharavi.

- Aditya Rathod was placed **1st** in Fencing Epee and Second in Fencing Foil. He further on advanced to the Zonals and subsequently, to the States for both the categories.

For Fencing Epee, he was placed **1st** in Zonals and **2nd** as a team event in States and for Fencing Foil, he was placed **3rd** in Zonals and **1st** as a team event in States.

- Ketan Tarwani was placed **3rd** in both Fencing Epee and Fencing Foil. He advanced to the Zonals and subsequently, to the States for Fencing Epee wherein he was placed **3rd** in Zonals and **2nd** as a team event in States.



Varad Kulkarni



Aditya Rathod



Ketan Tarwani

- Jesal Shukla won the **3rd** position in Fencing Epee.
- Bhavya Ganatra won the **2nd** position in both Fencing Foil and Fencing Sabre. She advanced to the Zonals for Fencing Sabre wherein she was placed **2nd**.

3. Neelam Kukreja – Chess

She bagged the **3rd** place at the DSO Chess Tournament which was held on September 19, 2019 at the District Sports Complex, Dharavi.

4. Hardik Ramchandani & Harshvardhan Jadwani - Taekwondo

The DSO Taekwondo Championship took place on September 26, 2019 at the District Sports Complex, Dharavi.

Hardik Ramchandani stood **2nd** while Harshvardhan Jadwani won the **1st** place and advanced to the Zonals wherein he was placed **1st** again.

5. Rohan Budhrani – Cycling

Rohan won a **Bronze** medal at the DSO Cycling Tournament 2019 held on September 29, 2019 at the Securities and Exchange Board of India, Bandra.

6. Rohan Budhrani & Mohit Kokal – Speed Skating

The DSO Speed Skating Tournament took place on October 14, 2019 at the Dhote Udyan Maidan, Mahim.

Rohan Budhrani secured the **1st** position while Mohit Kokal secured the **3rd** Position. Rohan advanced to the Zonals and bagged the **Gold** medal.

7. Rashi Chheda and Chehak Bhatt – Karate

Chehak represented the College and won a **Gold** medal and a **Silver** medal in the Prabodhan Kridabhavan Karate Championship held on June 9, 2019.

Rashi reserved herself a **2nd** place at the DSO Karate Tournament held on October 12, 2019 at the District Sports Complex, Dharavi.

8. Kunal Sakhrani – Archery

Kunal bagged **4 Gold** medals and **1 Silver** medal in the National Field Archery Championship at the Mumbai Mayors Cup held from September 6 to 8, 2019 at the Andheri Sports Complex.

In addition to this, he secured the **1st** Place at the DSO Archery Tournament held on October 15, 2019 at the i-Land Sports Academy, Wadala.

Apart from these, Kunal has represented the College in various tournaments. He secured the following positions:



Jesal Shukla



Bhavya Ganatra



Neelam Kukreja



Hardik Ramchandani



Harshvardhan Jadwani



Rohan Budhrani Cycling & Speed Skating



Rashi Chheda



Chehak Bhatt

- **Gold** medal in Mumbai District Archery Championship
- **4 Gold** medals and **1 Silver** medal in the Mumbai Mayor Cup
- **Gold** medal in Poinsur Gymkhana Archery Championship
- **Gold** medal in the Mumbai District Archery Championship
- **Silver** medal in the Sports For All Championship Mumbai



Kunal Sakhrani

9. Arman Darukhanawalla – Squash

He secured the **1st** place at the DSO Squash Championship held on October 3, 2019 at the Dadoji Konddev Stadium, Thane. Furthermore, he went on to represent the College at DSO Squash Zonals where he was placed **3rd** and subsequently the States, where he was placed **2nd**. He further advanced to the Nationals and made the college proud by bagging the **Gold** medal.

Arman has made the College proud at various other tournaments. His current National Rank is **Four**.

- **1st** place in SGFI Nationals
- **1st** First place in the Juhu Gymkhana Squash Open
- **1st** place in the Northern Slam Junior Open
- **2nd** place in the CCI Western India Squash Open
- **2nd** place at the State Selections
- **2nd** place in the Goregaon Sports Club Squash Open
- **2nd** place in the Willingdon Club Junior Open
- **2nd** place in the Willingdon Junior Open
- **3rd** place in the Eastern Slam Junior Open
- **3rd** place in the JSW Junior Squash Open



Arman Darukhanawalla

10. Friya Jijina & Aditya Tambe – Judo

The DSO Judo Championship took place on October 2, 2019 at the RA Poddar College, Matunga.

- Aditya Tambe bagged the **Gold** medal and further on went to represent the College at the Zonals and the States, both of which he was placed **1st**.
- Friya Jijina secured the **1st** place and advanced to the Zonals and subsequently the States, after being placed **1st** in both. She further on went on to compete at the Nationals and secured the **2nd** place.

She represented the College in various other competitions and secured the following positions:



Friya Jijina



Aditya Tambe

- **Gold medal** in the Bangera Senior Competition
- **Bronze** medal in the Senior State Competition
- **Bronze** in the Federation State Competition

She participated in Junior Nationals Championship and also in the Manipur National Cadets Competition.

11. Sakina Phoolwala - Kickboxing

The DSO Kickboxing Tournament took place on November 1, 2019 at the District Sports Complex, Dharavi and Sakina secured the **2nd** position in the same.

12. Rayaam Razmi - Snooker

Rayaan Razmi won the **Gold** medal at the National Sub Junior Billiards Championship and bagged the **Silver** medal at the National Junior Billiard Championship. He was ranked **2nd** in the Maharashtra State Senior Snooker Event. He also participated in the U-16 World Snooker Championship held in Russia.

13. Mannan Dang – Football

Mannan represented the College in the Inter-District Football Tournament held in Pune and was placed **2nd**. He further went on to represent Maharashtra in the National Football Tournament and secured the **3rd** position.

As a part of the Iron Born FC, Mannan placed **2nd** in I League and **3rd** in MDFA. He was also part of the team that represented India in Portugal and Spain.

DEGREE COLLEGE

1. Sanjeev Nair, Jainam Mody, Janhavi Soneji & Vishwa Shah - Chess

- **Sanjeev Nair**, a supremely talented player, has been making waves internationally.
 - o He participated in the Hofheim Open which was held in Germany from April 23 to 27, 2019 and was placed **5th** in the rating category.
 - o He took part in the Vienna Open held from August 17 to 24, 2019 in Austria to be placed **4th** in the rating category.
 - o He stood **4th** in the West Zone Inter-University Chess Tournament which was held from November 10 to 12, 2019 in Jaipur.
 - o He was also the Winner of the Mumbai Games Elite Category Chess Tournament which was held on December 15, 2019 in Andheri.



Sakina Phoolwala



Rayaan Razmi



Mannan Dang



Sanjeev Nair

- o In the All India Inter-University Chess Tournament 2019 which was held from December 27 to 29, 2019 at Gandhigram University, Dindigul, he secured **2nd** place.
- **Jainam Mody** has brought many laurels to the College in the field of Chess.
 - o He won a **Gold** medal in the Tarang Chess Tournament held on August 8 at K.C. College, Churchgate and Shatranj Chess Tournament held on August 22, 2019 at Lala Lajpat Rai College, Mahalaxmi.

- o He was also placed **2nd** in the Chess Tournament organized by the Rotary of Dombivli on August 18, 2019.
- o Subsequently, he took part in First Open Below 1600 Fide Rating Chess Tournament held on September 22, 2019 in Kalyan and secured the **1st** position.
- o He stood **4th** in the West Zone Inter-University Chess Tournament which was held from November 10-12, 2019 in Jaipur.
- o He participated in the All India Inter-University Chess Tournament 2019 which was held between December 27-29, 2019 at the Gandhigram University, Dindigul and secured **2nd** place.
- **Janhavi Soneji**, took part in the West Zone Inter-University Chess Tournament which was held from November 26-29, 2019 in Bhopal and secured **4th** Place in the tournament.
 - o Further, she went on to represent H.R. College at the All India Chess Tournament.
- **Vishwa Shah**, another promising player, took part in the Commonwealth Chess Championship held from July 1-7, 2019 at The Leela Ambience Convention Hotel and secured the **2nd** place.
 - o She participated in the Western Asia Junior Chess Championship 2019, held at Tivoli Grand Resort Hotel from September 6-10, 2019 and was placed **4th**.
 - o She also secured the **2nd** place in the International Open Grandmaster Tournament held from September 22-29, 2019 at Karnavati Sports Club.



Jainam Mody



Janhavi Soneji



Vishwa Shah

(Team) held on June 10, 2019 held in New Delhi.

2. Karl Vatcha – Karate

Karl has made H.R. College proud with his many laurels.

- He secured the **1st** place in the State Level Junior Kata Tournament (Team) and State Level Junior Kata Tournament (Individual) held on February 3, 2019 in Pune.
- Further, in the State Level Senior Kata Tournament (Individual) and State Level Senior Kata Tournament (Team) held on April 14, 2019 in Pune, he once again secured the **1st** place.
- He stood **2nd** in the National Level Junior Kata Tournament (Individual) and **3rd** in the National Level Junior Kata Tournament



Karl Vatcha

- Karl bagged the **Gold** medal at the International Independence Cup held from August 9-11, 2019 at Talkatora Indoor Stadium, Delhi.
- He also secured **1st** in Under 21 Kata and Senior Kata in the West Zone Karate Championship which was held from December 20-22, 2019 in Mapusa, Goa.
- He secured **1st** place in the 1st President Cup which was held on January 8, 2020 at Panjim, Goa.
- He participated in the Asian Championship 2019 held in Malaysia, World U-21 Youth Cup 2019 held in Croatia, World Senior Series A 2019 held in Chile and the World Championship 2019 held in Chile.

3. Jeet Vasani – Billiards

Jeet, a proud player of H.R. College, secured the **1st** place at the State Ranking Billiards and Snooker Championship held on September 20, 2019 in Jamshedpur making it his 5th year consecutively winning **1st** in the State.

4. Viren Vazirani – Badminton

Viren took part in the KDMC Badminton Tournament held on September 29, 2019 at Dombivali and bagged the **Gold** medal.

5. Tanishka Palvia – Athletics & Handball

- **Athletics:** She secured the **3rd** place in Hammer Throw at the Mumbai University Inter-Collegiate Athletics Meet held on November 8, 2019 at the University Sports Pavilion, Marine Lines.

In the YMCA Athletics Tournament, she secured **2nd** place in Javelin Throw and **1st** place in Hammer Throw.

- **Handball:** She represented University of Mumbai and secured **Bronze** medal in Ashwamedh (Maharashtra State Krida Mahotsav 2019) which was held at Singhagad Institute in Solapur from December 26-31, 2019.

She was placed **1st** in the Mumbai Kreedha Pousur Handball Tournament, **2nd** in the R.D. Yadav Inter Championship and **6th** in the West Zone University Handball Tournament.

6. Sagar Punjabi - Archery

Sagar secured the Silver medal in the Drona Archery Academy Tournament held on December 29, 2019 at the Karnala Sports Academy, Panvel.

7. Mudra Agrawal - Basketball

- She participated in the West Zone Inter-University Basketball Tournament which was held from December 15-19, 2019 at ITM University, Gwalior and was a **Bronze** Medallist in the tournament.
- She bagged the **1st** place in Khelo Dhule Open Tournament and secured **2nd** place in the U-21 Open State Level Basketball Tournament.
- She represented University of Mumbai in All India Tournament, Ashwamedh (Maharashtra State Tournament) and Khelo India Tournament.

8. Krithika Krishnakumar - Cricket

Krithika secured **3rd** place in the West Zone Inter-University Cricket Tournament which was held between December 28 2019 and January 7, 2020 in Bhopal.



Jeet Vasani



Tanishka Palvia



Sagar Punjabi



Mudra Agrawal

9. Prem Suthar - Taekwondo

Prem secured **3rd** place in the Mumbai University Taekwondo Championship which was held on January 16-17, 2020 at the Khalsa College, Matunga.



Prem Suthar



Raunak Damle

10. Raunak Damle – Squash

- Participated in the University Squash Tournament held at JSW Academy, Vasind on August 30, 2019 and stood **6th** in the overall university. He got selected for the All India Inter-University Squash Tournament held at Manipal University, Jaipur.

- Inter-University Squash Tournament (Nationals)** - Raunak represented Mumbai University for the All India Squash Inter University Squash Tournament which was held at Manipal University, Jaipur from February 16-18, 2020. He secured **2nd** place in the Squash Nationals.



Aman Manghi



Viren Sirsulla

11. Aman Manghi & Viren Sirsulla – Football

- Aman represented the College as a part of the Iron Born FC and placed **2nd** in the I-League, followed by State **Runners Up** in the Hero EliteLeague Tournament.
- Viren, as a part of the Mumbai Marines FC was placed **2nd** in the MDFA 2nd Division Football Tournament.



Krithika Krishnakumar



University Water Polo Team with Mr. Omkar Chavan, Sports Director