BEST PRACTICE I

Promoting Socially Conscious Intent to Develop Responsible Leadership





H.R. College of Commerce & Economics

Socially Inclusive Policies

Social Projects

Developing Leaders with a Heart

Community Engagement & Outreach Programmes





Outstanding Social Projects

Project Chirag

Boond / Gazab Maharashtra

Project Jalvruddhi

Project Saarthi

Aashayein

Best Faculty Advisor Award

Recipient of Mahindra Grant

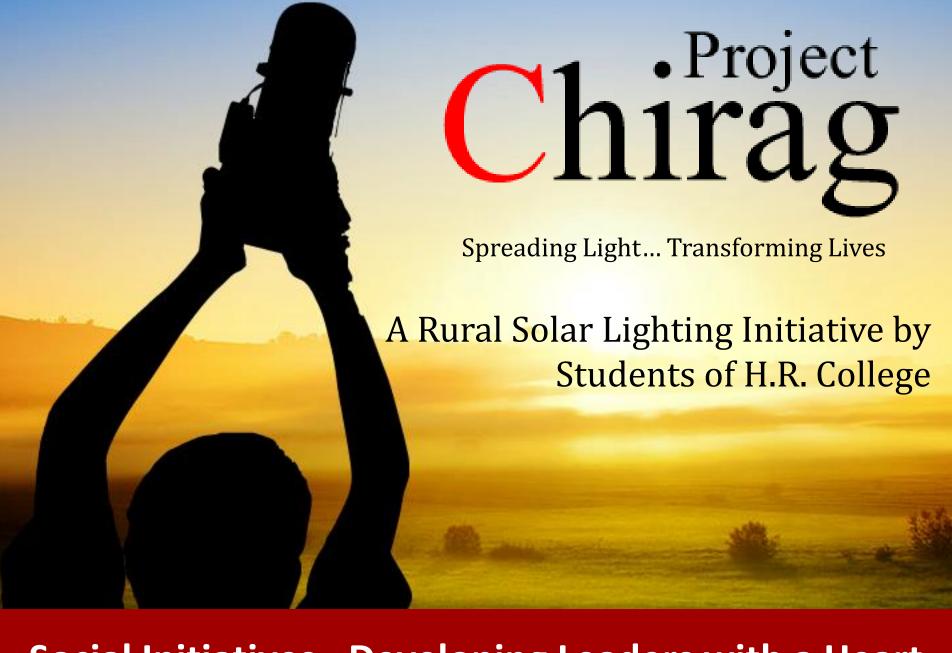
Projects Inaayat and Aajeevika

Recipient of funding from Chahal Foundation for Project Inaayat

Other Projects of Rotaract Club of HR







Social Initiatives - Developing Leaders with a Heart

VEDNESDAY 15 AUGUST 2012

DELHI TIMES, THE TIMES OF INDIA



MAKING A DIFFERENCE: PFMI Earth 2012 Prachi Mishra and Dr Indu Shahani-Sheriff of Mumbai along with the students

India's villages go solar

roject Chirag, along with PF-MI Earth 2012 Prachi Mishra and Dr Indu Shahani-Sheriff of Mumbai, has installed solar panels and lights in Maharashtra's villages. Initiated by the students in Free Enterprise at H R College, Pro-

ject Chirag provides solar lighting to villages in India and employs differently abled communities such as the deaf and mute, and the physically handicapped. The project has made a difference to 3,743 rural families and has reached out to over 20,000 rural Indians. The Chirag Family, along with their goodwill ambassador Prachi Mishra, struck the milestone of their 100th village last Sunday.

For more information visit the Indiatimes page on <u>www.</u> feminamissindia indiatimes.com

IMPACT:

VILLAGES

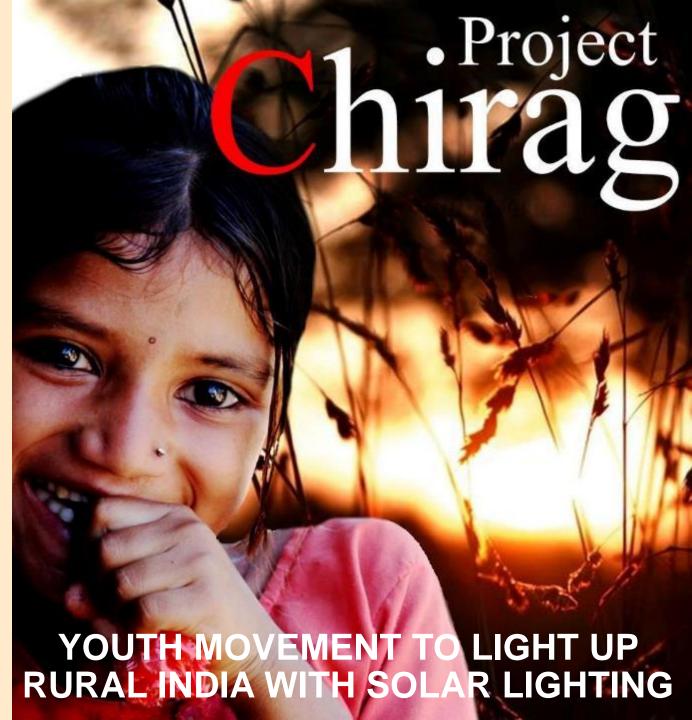
250+

HOUSES

10,000+

PEOPLE

50,000+



Social Entrepreneurship - Incubation In College









Spreading Light | Transforming Lives

"Be the change you want to see in this world"

- Mahatma Gandhi

Youth movement to light up rural India with solar lighting

Its time to bring in the change so others can see the world





BOOND

project to provide clean drinking water for domestic and sanitation purposes in villages in collaboration with the Watershed Organisation

Impacted 1 village 3000 lives Money 2,50,000 x 5 wells

Time spent 4 years



to spark the initiatives for educational opportunities, healthier and safer communities

It is a 7-day programme which is specially prepared and scheduled for the students where in they are taught as well as mentored for the formulation of their business plans.





Enactus India National Competition 2014 - showcase of social entrepreneurial projects



Social Initiatives - Developing Leaders with a Heart





Rt Hon Lord Mayor of London, Alan Colin Drake Yarrow (Alderman) launched Mathiano for Project Saarthi - ENACTUS



ENACTUS – Project Saarthi

(Enhancing English skills of the underprivileged communities)





Enactus H.R. College felicitated ten women as **Saarthis** (teacher entrepreneurs) from the urban chapters







Rotaract Club



ROTARACT SOUTH ASIA OUTSTANDING **PROJECT AWARDS**

Rotaract Club of Hassaram Rijhumal College, India for "Aashayein"

Helped holistic development of rural villages in the Indian state of Maharashtra, including water, light, education, sanitation, and economic and human development services.







HOLISTIC DEVELOPMENT OF RURAL VILLAGES IN MAHARASHTRA

Aashayein is the club's social cause. It aims at holistic development of rural villages of Maharashtra. It includes providing water, water conservation, education, entrepreneurship, human development, light. Various PR and fundraising activities have been undertaken for the same.





BOOND

Involves providing safe and clean drinking water by means of building tube and surface wells. Till date 14 wells have been built in the Kumbharwadi and Varwandi villages of the Ahmednagar district of Maharashtra impacting the lives of more than 400-500 villagers.









GAZAAB MAHARASHTRA

Educating the villagers for a span of 1 week in Commerce and Entrepreneurial studies and then providing an opportunity to for them to start their own business by pitching plans to us. Till date 40 entrepreneurs have been provided with seed capital to launch their ventures.







2

Gazaab Maharashtra







LITRES OF LIGHT

Making and installing solar lights in rural villages to provide villagers with lighting. Volunteers are first trained on how to make these lights and then visit villages to install them.

20 street lights have been installed till date.







SANITATION

This year the women of the village were educated on the basics of sanitation. Sanitary napkins were distributed which are re-usable for a span of 3 years. The lives of 70 women were touched and encouraged to use hygienic sanitary napkins which would prevent life-threatening diseases.





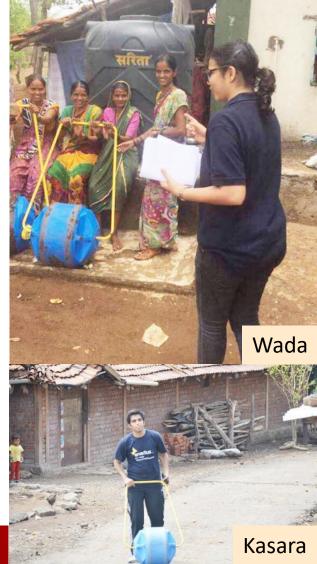


Project Jalvruddhi – ENACTUS HRC

Project Jalvruddhi, is Enactus H.R. College's solution to the pressing water concerns of India. The aim is to primarily address two water issues.

- To combat contaminated water, water filters are provided at minimal cost to purify the water and make it suitable for consumption. Workshops for rural families are conducted to create awareness regarding water conservation and protection of water resources.
- To operate the whole project, a commission-based model has been devised. The villagers will be trained in respect of basic technical knowledge and communication skills for selling the, filters to villagers.

It is dedicated to revolutionize the manner in which water has been purified and utilized by the households of rural India since the olden times, and consequently empower the rural communities by providing avenues to financially sustain their families with increased income.







Project Jalvruddhi – ENACTUS HRC



Project Jalvruddhi's first customer's at Wada.



Enactus H.R. College implementing Project Jalvruddhi at Ganeshpuri, Vasai.

Project Jalvruddhi's second phase; training of women in stitching of tote bags during it's Pilot in Wada, Maharashtra





JALVRUDHI - ENACTUS HR College

Students help villagers with ideas to make more money

FOR A CAUSE College students came up with ways to ease the lives of poor villagers

Musab Qazi

musab.gaziëhindustantimes.com

MUMBAL A few months ago, Mohit Kataria, an MBA student, had organised a financial literacy camp for Akashi village on the outskirtsof Virar a Mumbai suburb. The village gram panchayat had banned plastic bags and asked residents to use paper bags instead, he said. Not long after the visit, Kataria along with some of his colleagues - from their college, Sydenham Institute of Management Studies, Research and Entrepreneurship Education (SIMSREE) - helped a group of women from the village start a paper-bag making business.

The Virar paper bag project

LENDING A HELPING HAND

Students pitched in community outreach-cumbusiness projects in a national-level competition held by Enactus India — an organisation promoting entrepreneurship among marginalised sections—in Mumbai last week. They shared their sustainable and scalable business models at the event.



"Often, people don't buy products from the differently-abled, thinking that they are of inferior quality. So we decided to sell clothes and other materials prepared by them."

CHAROO AGARWAL, Jai Hind College in Churchgate



A team from HR College interacts with a woman, who carries a rolling drum to fetch water, at a village in Wada, on the outskirts of Mumbai.

JALVRUDHI - ENACTUS HR College

Maharashtra Times - October 8, 2016

डोक्यावर दोन कळशा, काखेत एखादा हंडा आणि हातात बादली घेऊन दूरवरून पाणी आणायचं हा त्यांचा दिनक्रम. गावांतल्या महिलांची ही वणवण थांबवण्याचा निर्धार एचआर कॉलेजच्या विद्यार्थ्यांनी केला आणि साकारला 'जलवृद्धी' प्रकल्प, नेमकं काय आहे त्यात?

जानेश्वरी वेलणकर, कॉलेज क्लब रिपोर्टर muntainbox@gmail.com

भारित पाण्यासाठी किती वणवण गेल्या चार-पाच महिन्यांत वसई, विरार वेळा भरावं लागणारं पाणी आता या करावी लागते ते मुंबईकरांना व ठाण्यानजिकच्या १८ गावांमध्ये व्हीलच्या मदतीने त्यांना दोन वेळाच माहित नसेल, पण महाराष्ट्रातल्या अनेक गावांमध्ये आजही ही परिस्थिती आहे. ठाणे जिल्ह्यांतल्या काही पाड्यांवर राहणाऱ्या महिलाही पाणी भरण्यासाठी दुरवर असलेल्या विहिरीवर, तलावावर जातात. दिवसातला त्यांचा जवळपास निम्मा वेळ पाण्याच्या मागेच जातो. बनवलेली 'वॉटर व्हील' अत्यंत कमी चर्चगेटच्या एचआर कॉलेजमधल्या 'इनॅक्टस' या ग्रुपमधल्या तरुणाईनं दिली जातात, हे वॉटर व्हील म्हणजे त्यांची ही वणवण थांबवण्याचा निर्धार दोन्ही बाजुंनी ढकलत नेण्याजोगी केला. तसंच गावातल्या लोकांना एक छोटी टाकी आहे. हंडे आणि पिण्यासाठी शुद्ध पाणी मिळावं, त्यातुन कळशा उचलल्यामुळे मागे लागणारी रोगराईला आळा घालता यावा यासाठी दखणी रोखणं यामळे शक्य होऊ आकाराला आला प्रोजेक्ट 'जलवृद्धी'. शकेल, आधी दिवसातून पाच-सहा

एचआरने केली 'जलवृद्धी



प्रोजेक्ट 'जलवृद्धी 'च्या माध्यमातृन गावा-गावातील लोकांमध्ये पाण्याबाबत जनजागृती करणं आणि त्यांच्या पाण्याच्या समस्या सोडवण्यासाठी आम्ही प्रयत्नशील आहोत, याबरोबरच तिथल्या महिलांना सबल करून त्यांना आर्थिकदृष्ट्या स्वतंत्र करणं हाही आमचा उद्देश आहे.

आकांक्षा भाटकर, डायरेक्टर, इनॅक्टस (एचआर कॉलेज)

हा प्रोजेक्ट यशस्वीरीत्या राबवण्यात आलाय.

वॉटरव्हीलची कमाल

'इनॅक्टस' या ग्रुपमध्ये समारे ५० विद्यार्थी काम करतात. 'जलवृद्धी' प्रोजेक्टअंतर्गत. 'वेलो' या संस्थेनं किंमतीत महिलांना उपलब्ध करून आणावं लागतं. या व्हीलमध्येच पाणी साठवण्याचीही सोय आहे हे विशेष.

'शृद्ध'चा डोस

पाणी शृद्ध करण्यासाठी 'व्हॉकहार्ड फाउंडेशन'नं बनवलेल्या नावाच्या विशेष गोळ्यांचं वाटपही इनॅक्ट्सतर्फे करण्यात आलं आहे. या गोळ्या पाण्यात टाकताच सुमारे अर्ध्या तासात पाणी शृद्ध होतं आणि त्यातले नको ते जीवजंत् नध्ट होतात.

रोजगार निर्मिती

या वस्तीतल्या स्त्रियांना घरबसल्या रोजगार उपलब्ध करून देण्याचं कामही इनॅक्टसतर्फे करण्यात आलं आहे.

या महिलांना 'कॅनव्हास टोट बॅग्ज' बनवण्याचं प्रशिक्षण देण्यात आलं आहे. या बॅगा बनवण्यासाठी लागणारं साहित्य त्यांना पुरवण्यात येतं आणि त्यांनी शिवलेल्या बॅगा कॉलेजबरोबरच कंपन्यांमध्ये विकल्या जातात, यातन मिळणार मोबदला या स्त्रियांना दिला जातो. पाण्याचा योग्य वापर करण्याबाबत जनजागृती करण्यासाठी हे विद्यार्थी या पाड्यांना वरचेवर भेट देतात. पाणी उकळवून पिणं, पोटात दखल्यास दवाखान्यात दाखवणं, तसंच डेंग्य, मलेरिया यासारख्या रोगांचा प्रतिबंध कसा करावा याबद्दल इथे विशेष जनजागृती मोहिमही राबवण्यात





Project Jalvruddhi – ENACTUS HRC



Team Enactus H.R. College at National Competition 2016 held at Taj Lands End.





Team Enactus H.R.
College at National
Competition 2016
held at Taj Lands End





Enactus H.R.
College
receiving the
prestigious
Mahindra Rise
Grant

July 21-22, 2016

H.R. ENACTUS STUDENTS WIN STATE LEVEL COMPETITION FOR SOCIAL RESPONSIBILITY

Organised by Maharashtra Times



Enactus HR College's Project Jalvruddhi, aimed at solving water concerns in rural Maharashtra was among the projects felicitated. Chief guest Makarand Anaspure (veteran Marathi actor) awarded the students, along with faculty Advisor Mrs. Kanupriya Sharma.

Project Jalvruddhi – ENACTUS HRC

गौरवल

मुंबई-ठाण्यातलं प्रत्येक कॉलेज आपापल्या परीने समाजकार्यात आपलं योगदान देतंय. सामाजिक भान जपणाऱ्या कॉलेजच्या विद्यार्थ्यांच्या पाठीशी 'महाराष्ट्र टाइम्स'ने आपलं पाठबळ उभं केलं आहे. म्हणूनच २०१६ मध्ये एखादा सामाजिक उपक्रम हाती घेऊन, तो तडीस नेणाऱ्या कॉलेजांना, त्यांच्या एनएसएस युनिट्सना अभिनेते मकरंद अनासपुरे यांच्या हस्ते 'मटा सामाजिक जाणीव पुरस्कारा ने नुकतंच गौरवण्यात आलं...

समाजभान



मंबर्ड टाइम्स टीम muntainbox@gmail.com

नेहमी होत असते. पण हे सत्य 'सामाजिक जाणीव पुरस्कारा'तून सिद्ध आलं. कॉलेजांकडन तसंच कॉलेजांच्या एनएसएस विभागातन करण्यात येत असलेल्या सामाजिक उपक्रमांची दखल घेत. त्यांचा गौरव करणारा मटाचा हा परस्कार सोहळा नकताच एमडी कॉलेजमध्ये पार पडला, यावेळी प्रमख पाहणे म्हणून सुप्रसिद्ध अभिनेते मकरंद अनासपुरे उपस्थित होते, त्यांच्या हस्ते स्वामी

मंटा विशेष

त्तरुण पिढीला सामाजिक भान विवेकानंद कॉलेज, एचआर कॉलेज, विलकुल नाही अशी टीका मंजुनाथ कॉलेज या तीन कॉलेजांच्या प्रतिनिधींना 'सामाजिक जाणीव प्रस्कार' देजन गौरवण्यात आलं. यावेळी मकरंद अनासपरे यांनी कॉलेजचे विद्यार्थी करत असलेल्या या समाजकार्याचं कीतक केलं, मटाने या कार्यांची दखल घेतल्याबहल महाराष्ट टाइम्सबद्दलही त्यांनी एनएसएसचे विद्यार्थी, एनएसएसचे प्रोग्राम ऑफिसर्स या कार्यक्रमाला आवर्जन उपस्थित होते.

एनएसएसचे समन्वयक सतीश कोलते म्हणाले, की 'महाराष्ट्र टाइम्सकडन प्रत्येक कॉलेजांच्या वेगवेगळ्या उपक्रमांची दखल नेहमी घेतली जाते. सामाजिक जाणीव परस्कार देऊन या कार्याचा विशेष गौरव करण्याचा मटाचा हा स्तृत्य उपक्रम आहे.' एनएसएसचे ठाणे जिल्हा समन्वयक आणि साकेत कॉलेजचे प्रोफेसर संजय चौधरी याबाबत म्हणाले, की 'वृत्तपत्रांमध्ये 'मटा' हे पहिलं वृत्तपत्र आहे ज्याने कॉलेजांकडून केल्या जाणाऱ्या सामाजिक कार्यांची दखल

> मकरंद अनासपरे वांनी वावेळी व्यवन केलेले विचार वाचा रविवारी 'मंबाट मध्ये.

'सामाजिक जाणीव पुरस्कार' हा 'महाराष्ट्र टाइम्स'ने सुरू केलेला एक स्तृत्य उपक्रम आहे, विद्यार्थीदशेत फक्त विद्यार्थी म्हणनच नव्हे, तर भविष्यात उत्तम नागरिक घडवण्यासाठी कॉलेज वेगवेगळे सामाजिक उपक्रम राबवत असतं, कॉलेजच्या वेगवेगळ्या विभागांचे उपक्रम अगदी वर्षभर सुरू असतात, आमच्या या कामाची दखल मटाने घेतल्यामुळे मुलांना आणि आम्हालाही प्रोत्साहन मिळालं आहे. भविष्यातही असेच उपक्रम आम्ही राववत राह.

-डॉ. जयश्री फडणीस, प्रिन्सिपल, विवेकानंद कॉलेज ऑफ आर्ट्स, सायन्स औड कॉमस



सामाजिक उपक्रम हे समाजाचं कल्याण करण्यासाठी राववले जातात. आम्ही पहिल्यांदाच या उपक्रमात सहभाग घेतला आणि बक्षीसही मिळालं, त्यामुळे खुप छान वाटतंय. असं प्रोत्साहन मिळाल्याने येणाऱ्या विद्याध्यानाही प्रोत्साहन मिळेल, जास्तीत जास्त विद्यार्थी स्वत:हन उपक्रमांत सहभागी होतील. सामाजिक उपक्रमांची व्यासीही

वाढेल. या पुरस्काराबद्दल मटाचे खुप आभार.

प्रात्साहन मिळाल

कनप्रिया गर्मा, प्रोफेसर, एचआर कॉलेज ऑफ कॉमसं



संकलन- प्रजा जाधव, अजय उभारे (कॉलेज क्लब रिपोर्टर)/फोटो- विनय राऊळ

आनंद झाला

'महाराष्ट्र टाइम्स'कड्न हा पुरस्कार स्वीकारताना आम्हाला खरंच खप आनंद होतीय, पहिल्याच प्रयत्नात हे यश मिळाल्यामुळे सगळे जण खुष आहोत. हा पुरस्कार माझ्या एनएसएसच्या विद्यार्थ्यांचा आहे, जे नियमितपणे आपलं काम चोख बजावत असतात, नवनवीन उपक्रम हाती घेत असतात, आमचे प्रिन्सिपल आणि समन्वयक शशांक सर यांचाही यात सक्रिय सहभाग असतो, केवळ त्यामळे हे शक्य होऊ शकलं, भविष्यातही असेच नवनवीन उपक्रम हाती घेऊन समाजकार्यात खारीचा वाटा उचल.

- निज्ञा टेवधर, प्रोग्राम ऑफिसर,मंजनाथ कॉलेज ऑफ कॉमर्स



PROJECT INAAYAT – ENACTUS HRC

Project Inaayat is in collaboration with an international organisation Days for Girls. Inaayat is dedicated to strengthening girls' sense of dignity and self-esteem by making and providing sustainable menstrual hygiene solutions and health education.

The vision is to ensure that every girl and woman will have ready, feasible access to reusable hygiene supplies. The aim is to positively impact women and girls by providing them a menstrual hygiene kit which has Washable pads (made of two parts: a shield and a liner), Drawstring Bag, Panties (Premium Kit) and other essentials to ensure that each recipient's needs are met. The project has two aspects:

- Manufacturing the Sanitary Napkins
- 2. Train the trainer model wherein the women conduct menstrual hygiene training and further train them to train more women.







PROJECT INAAYAT – ENACTUS HRC







PROJECT AAJEEVIKA – ENACTUS HRC

Aajeevika in Hindi, refers to 'lively-hood'. Through Project Aajeevika, employment is provided to the rural women of Maharashtra, thus increasing their family incomes and henceforth, enhancing their standard of living.

This project yields more confident and more self reliant women, consistently challenging the notion prevalent amongst rural India that women must be confined to the four walls of the house for their entire life. The women capitalising on their indigenous skills, improve their livelihood by stitching canvas tote bags which are available in varied trendy designs.



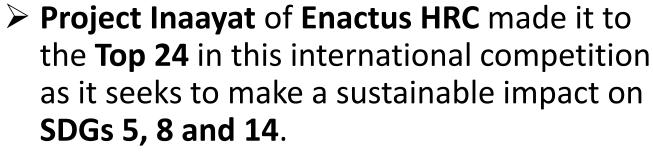






1 Race 4 Oceans







➤ Inaayat is the flagship project that creates menstrual hygiene awareness and provides sustainable menstrual hygiene solution to women at a cost of Rs.9/- per month through reusable and ecofriendly biodegradable sanitary kits stitched by rural women.

Enactus HRC

June 26, 2020





Finalist - Enactus Nationals 2020

Out of **24 competing semi** finalists and 86 total competing teams, Enactus **HRC** is the only team from Maharashtra to have qualified for the finals. Rigorous efforts put in by the team, it is for the first time after 2012 that Enactus HRC has bagged this position in finals.



Enactus HRC

August 6, 2020





Beneficiary Skilling Contest organised by Enactus India

Enactus HR College secured National 2nd place. The team showcased videos about the functioning of its projects and how the products of Project Inaayat and Project Aajeevika are made. This included details of how Enactus HR College is impacting communities and transforming the lives of beneficiaries in rural Maharashtra.

Enactus HR College was awarded with a Cash Prize for the win!!

Enactus HRC

2021





ENACTUS – Presentation at KPMG



Citizens Association For Child Rights (CACR) orientation for the Computer Literacy Programme (CLP), Mumbai 2014 was held for Enactus H.R. College members



HR student represented ENACTUS India at International Winter School on Social Entrepreneurship conducted by Tomsk State University, Russia





Developing Leaders with a Heart





Social Profit Makers

India's youngest minds don't wait to graduate. There is a sudden rise of emerging entrepreneurs.





Social Entrepreneurship - Developing Leaders with Heart

Mirakle Couriers

Uniquely staffed by the hearing impaired

An initiative by HR Alumnus Dhruv Lakra



Dhruv Lakra: 2001 - 02 CEO - Mirakle Couriers, uniquely staffed only by the hearing impared



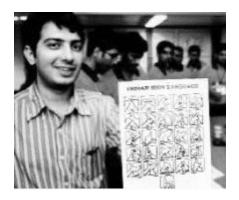


Mirakle Couriers - Dhruv Lakra, an alumni of H.R. College, an MBA graduate from Oxford University, operates Mirakle Couriers which employs the deaf and mute. His employees are part of Christmas celebrations at HR College every year.

Special Delivery







Mirakle Couriers

- Brainchild of Social entrepreneur Dhruv Lakra
- Alumnus of H.R.College of Commerce& Economics
- Skoll Scholar from Oxford University





HR Alumnus Recognized as CSR Professional of the Year (SME)

@ Indywood CSR Excellence Awards 2016 @ Hyderabad



HR Alumnus



families of martyrs from the Indian army by committing a percentage of the revenues from their cinemas in the republic day week every year the only one to win an award from the media & entertainment industry.

ICCSR – HR College 30 hours Program

July 28 to Aug 8, 2014

Corporate Corpor



H.R. COLLEGE of Commerce & Economics



Social Initiatives - Developing Leaders with a Heart



Seminar on Menstrual Hygiene (VBM & MSPT)





Community Engagements & Outreach Programmes





Project It

Project It is where members are given a chance to come up with their own medium scale project, and undergo a simulation of the planning and execution process. **RCHR** November 5, 2017





The Lunchbox - Covid Relief Edition

an initiative in collaboration with Srimad Ramchandra Love and Care NGO







Donated 2000+ theplas and 300+ biscuit packets along with more than 1000 bottles of water to the migrant workers and the people in need





Food Distribution







Graffiti Painting





ROTARACT CLUB OF HR COLLEGE

December 24, 2020





Ration Donation



The members of RCHR donated more than 50 kilograms of ration to the helpless people in the slums of Colaba.



ROTARACT CLUB OF HR COLLEGE

September 10, 2020





Feed a minimum of one hungry person around you. You need not go out of your locality to crowded places. Simply hand over the meal to your helper, watchman or any needy person nearby. Once done, take a picture of the person with the meal and post it on your story. Most importantly, tag @theunheardvoice_rchr and mention #OneMealAtATime and #SharingHappiness After that, DM us the screenshot of your story.

Share A Meal

This project was a social media food donation project by the members of The Rotaract Club of H.R. College. Through this project, hundreds of food boxes were delivered.

ROTARACT CLUB OF HR COLLEGE

January 20, 2021





THE LUNCH BOX





Rotaract Club Of H.R. College ... Leaving Our Mark!



The Robin Hood Army supported by the Rotaract Club of H.R. College is on a mission to serve 1 million people across India and Pakistan

VENUE - ALL OVER MUMBAI TIME - 12.30 PM RSVP - 9167933019 / 8879002422





August 15, 2017





THE LUNCH BOX



A mission to serve 1 million people across India and Pakistan.

RCHR

August 15, 2017





RCHR - Blankets Donation Drive for the flood affected Kashmiris







Phenk Mat Mumbai

Launch of Phenk Mat Mumbai, a campaign initiated by Arun Nanda, Chairman, Club Mahindra holidays and Chairman, CII WR Taskforce; with (C) Mr Ajoy Mehta, Municipal Commissioner.







Phenk Mat Mumbai



HR NSS performed a Swachh Bharat Street Play at MCGM Hall at the launch of Phenk Mat Mumbai



HUMARA STATION HUMARI SHAAN



NSS

A railway station beautification project by MAD India where in **43 HR College students** cleaned and painted the Charni Road railway station on Western Railway.

Times Green Ganesha Clean up Drive



Thalassemia Awareness and Screening Programme



Sexual Harassment Awareness Workshop







SPECIAL VOTERS' REGISTRATION DRIVE @ HR College

All the students completing 18 years as on 01-01-2017 (Born before 31-12-1998) are eligible for registration.

Total forms issued 238 Total voters registered 158

October 7-14, 2016





Teaching Learning – Remedial Support

SPECIAL CELL FOR DIFFERENTLY ABLED STUDENTS



Special Cell Coordinator helping out dyslexic students



Study Skills workshop for FYJC students



Students and Parents at the Special Cell meeting

GRADE IMPROVEMENT PROGRAMME



Students taking a Grade Improvement test



Staff, Students and Parents at the Grade Improvement meeting





STUDENT UNITED WAY

PROJECT PAHAL
Hepatitis awareness campaign



MANGROVE SAPLING MAKING WORKSHOP





HR Student
Volunteers
at Standard
Chartered
MUMBAI
MARATHON
2017





Computer Literacy Programme for School kids







Opportunities to give back







Workshop at Ganpatrao Kadam Marg Municipal School, Lower Parel

50 students from the 8th and 9th standard of the school learnt arts and crafts as well as simple tricks to remember math tables.



G.E.M.S. - Annual Christmas Party for the Foster Group Children



Training of Underpriviledged women from slums

CITY www.mumbaimirror.com/city

MumbaiMirror

WEDNESDAY, SEPTEMBER 26, 2012

10

HR College students do good, their teachers benefit

Women from Worli slum get training in beauty treatment under students' initiative, they show their skills by giving spa treatment to the college staff



A teacher enjoying a spa session at HR College

Pooja.Naik

@timesgroup.com

or the past two days, the teachers at HR College are reaping the benefits of a students' initiative to make underprivileged women self-sufficient. They are enjoying a variety of soothing treatment at a temporary spa set up on the college premises by the students and two women.

A year ago, the students of the Churchgate college helped Manisha and Reshma, residents of a Worli slum, obtain a beauty training course at the Schnell Hans Institute at Napean Sea Road.

While the trained hands are now offering relaxing treatments such as massages, manicure, pedicure and threading, the students are promoting their skills through under the brand name Citrus Home Salon.

"When I heard about the initiative, the first thought that came to my mind was a relaxing session for our teachers. Teachers are usually a stressed lot. What better than a relaxing foot or back massage in between lectures," said HR College principal Indu Shahani.

Amid the hustle and bustle of the college premises, the Citrus Rejuvenation Lounge – with perfumed candles, soft music, dim lights and a hot cup of lemon grass tea – is something the teachers just do not want to miss.

Hindi professor Sheela Shahe said she rushed to the spa in the break in between two lectures. "The back and foot massage sessions rejuvenated me for my next two lectures in the day. I wish we could get this done every day."

Under the business model, Manisha and Reshma both get a fixed monthly pay of Rs 5000 along with commissions, depending on the number of clients they attend to. Manisha, 32, a mother of three, said, "I am happy that I can now contribute financially to my family. I want to give my kids better education." Reshma, 22, said she gives her salary to her father for household expenses, Sama Jashnani, one of the brains behind the concept, said, "When we discussed the idea with Indu ma'am, she suggested setting up the spa. It feels great to be encouraged this way and to see Manisha and Reshma do such a wonderful job,"





College Outreach – Community Policing Initiative



To enable quick grievance redressal platform for senior citizens, children & women

Mr. Rakesh Maria, Commissioner of Police inaugurating the Community Policing Initiative





Audience at the inauguration of the Community Policing Initiative



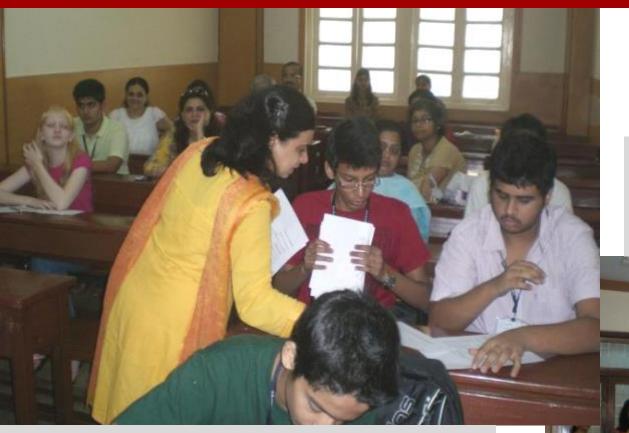
Training in Self Defense







Teaching Learning – Remedial Support



Periodic meetings with parents and students

Additional Coaching for special cell students





WORLD ELDERS PROG BY ADHATA TRUST



WORLD ELDERS PROG ADHATA TRUST





Students' Council of H.R. College and Adhata Trust, organised The World Elders' Day







College Outreach Projects by the clubs



Swachh Bharat Abhiyan





NSS unit - Swaccha Bharat Abhiyaan - An initiative of PM Narendra Modi to mark Mahatma Gandhi's Birth Anniversary



Rising to the call of our PM – The B.Voc. Students initiate the cleanliness drive at H.R. College



Rising to the call of our PM – The B.Voc. Students initiate the cleanliness drive at H.R. College



NSS Unit – Swacch Bharat Abhiyaan A Cleanliness Drive







NSS Unit celebrated International Volunteer Day by visiting ADAPT (Able Disabled All People Together)







Unison Club visited Access Life Assistance Foundation







Wellness Clinic at HRC with Dr. Uma Shah



International Yoga Day







NSS unit – Blood Donation drive in association with JCI Marine Lines and Nair Hospital







NSS students addressed the topic of "Moral Policing" during their interaction with the Mumbai Police Department







NSS unit Eye Check – up Camp organised in collaboration with Bombay City Eye Institute, Babulnath







NSS Peace Rally







InsighT Club – Education Drive at Fellowship High School







Enactus H. R. College

The Peach Vibe, a new venture under Project Aasha offered massage therapies







WALK FOR WATER

WATER NOW, WATER TOMORROW, SAFE WATER FOR ALL









CAREER PROJECT

OLLE (Department of Lifelong Learning and Extension)



Students visited the Colaba Secondary Municipal School with the motive to create awareness regarding career options after the 10th Standard.







Christmas Party at H.R. College for Kids from Orphanage







Distributing gifts collected to children of Hamara Foundation, working for street children.

Joy of Giving



Blood Donation Drive



The Students' Council of H.R. College of Commerce & Economics organized a **Blood Donation Drive** in collaboration with Bombay Hospital and HDFC Bank for the 10th successive year.

SYNTHESIS OF YOGA & NIYAMA COUNCIL - SYNC

Guided meditation at the Yoga & Fitness Club's Orientation & Induction Ceremony



Yoga Session for NGO Kids



Yoga Session for Non Teaching Staff



Yoga Session for Peons



Tree plantation programme by NSS unit of H.R. College at Gorhe village



MLA Mr. Gopal Shetty and other government officials, loc villagers and the young & enthusiastic NSS Unit of HR College.

July 10, 2017

GIFT-A-LIFE

MARROW DONOR REGISTRY (INDIA) CAMPAIGN



cancer, lymph node cancer, thalassemia major.

September 26, 2017

Seminar on Gender Sensitization



CLEANLINESS WALKATHON



Clean Mumbai' to sensitize the public about cleanliness. October 2, 2017

Book Donation



HR NSS organised a Book Donation Camp on the college premises. The donations received were then donated to children in BMC schools and various NGO's - stationery, books, loose sheets, toys, old clothes, etc.

November 28 to December 9, 2017

DISASTER MANAGEMENT

The University of Mumbai organized disaster management camp for the NSS volunteers. 2 volunteers represented H.R. College at the camp. Volunteers were taught about the safety measures that they must take during the occurrence of natural or artificial calamities. First day was about theoretical knowledge and on the second day the volunteers were made to apply the theory learnt by them.



November 29 & 30, 2017

NSS

Seminar on Anti-Narcotics



Mr. Manke, Assistant Commissioner of Police; and Mr. Nayak from Anti Narcotics Cell led the Seminar. They advised students to keep away from drugs as its usage not only ruins one's health, but a lot of precious money also goes to waste. More than 50 students attended the Seminar. Vice Principal Mrs. Dipika Bhatia felicitated the guest speakers.

NSS

December 12, 2017



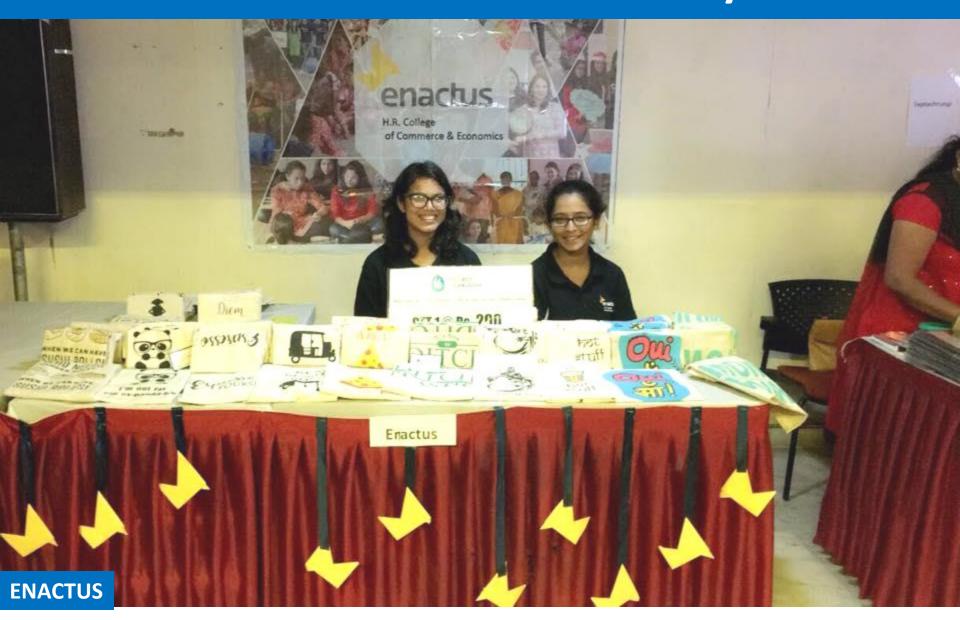
Career Fest



Exhibition: NSCI-Joya



Exhibition: Sasmira-Kartavya



Orientation



National Competition



ENACTUS

National Competition



Launch of Phenk Mat Mumbai



Launch of Phenk Mat Mumbai



Street Play performed at Ganpati Pandals



Street Play performed at Ganpati Pandals



Umeed



Umeed is a project that sees members undergo and then conduct various gender sensitisation programs in various schools.

Rally for Rivers



This project saw members take a stand and spread awareness about the depleting rivers of our country.

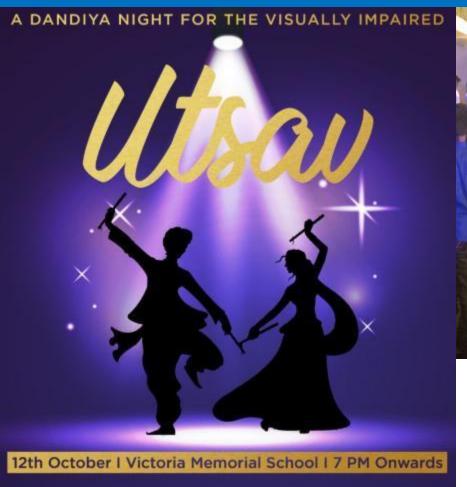
Tak Dhinak Din



Tak Dhinak Dhin was a day that saw 10 schools with students from orphanages, and the streets battling it out to bag the best dancer's trophies.



UTSAV

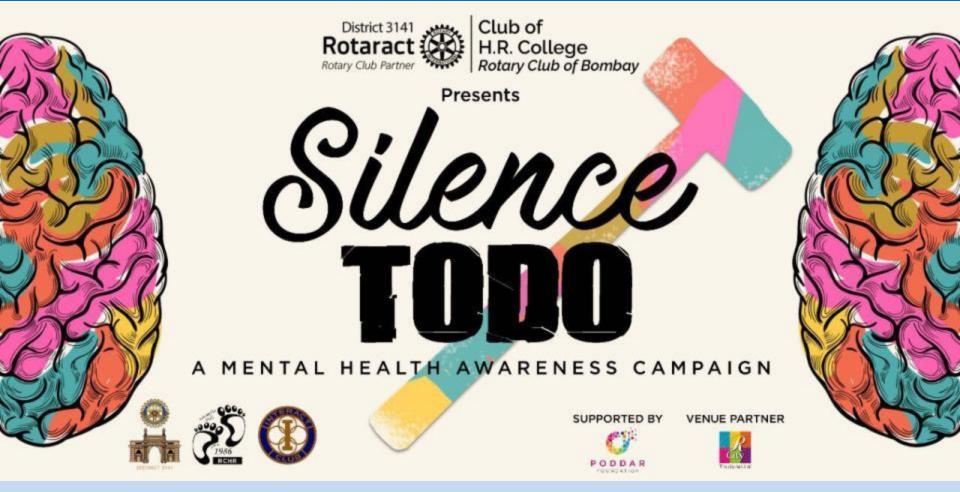


RCHR

Utsav is an extravagant
Dandiya Night for the visually
impaired children of Victoria
Memorial School.



Silence Todo



It is a mental health awareness campaign for students done in collaboration with our parent rotary - The Rotary Club of Bombay.

DAM It!

This project saw Rotaract members go to a nearby village to construct 3 check dams, and harvest sugarcane and onion fields to help the villagers.



Jingle All The Way



Jingle all the way is a 2 day Christmas celebration for various sections of society cancer patients, mentally disabled, juvenile children - to make their Christmas truly merry.

Echo

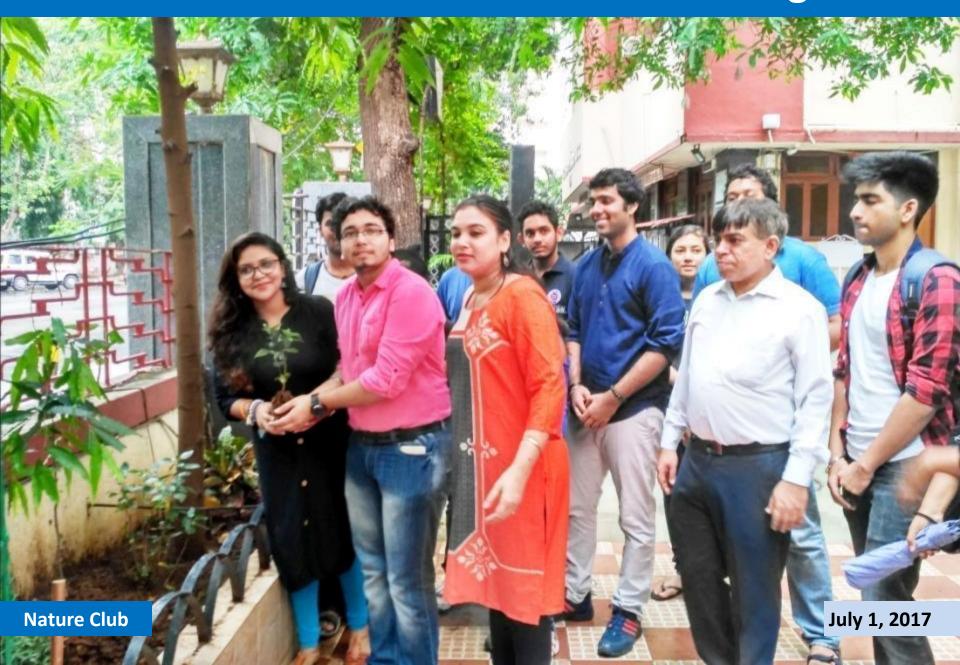






Echo is a project aimed at bridging the gap between public and private education. It is a personality and life development program for the students of municipal schools.

Van Mahotsav Celebrated at HR College



'Zero Waste Management' Project



Nature Club of H.R. College of Commerce and Economics celebrated the establishment of the 'Zero Waste Management' project. It has been set up on the college terrace with the help of Street Mukti Sangathan and Godrej.

Anti Ragging Drive



Blood Donation Drive



International Yoga Day

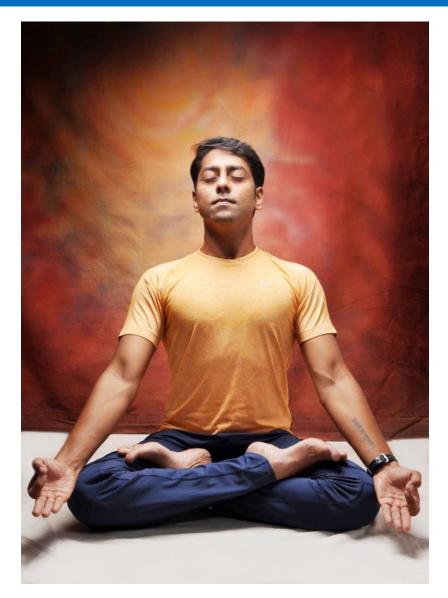




The chief guests for the programme were Mr. Anil Harish, President & Trustee, HSNC Board, Mr. Ravi Dixit, Director, Kaivalyadham and Prof. Parag Thakkar, I/C Principal, H.R. College. Mr. Ravi Dixit gave a talk on Yoga and Health as well as Yoga on Chair for the audience, comprising of breathing exercises and meditation.



Half Day Yoga Workshop for Faculty by Kush Panchal



SPIRITUAL HEALING SESSION



Ms. Anahita Sanjana shared insights on how we could inculcate spirituality to attain our goals and better mental health.

HR Speaks

MENTAL HEALTH AWARENESS WEEK

October 8, 2020





DEPRESSION 101

Ms. Nyamat Chadha shared with us the clinical concept of depression and its symptoms. She also enlightened our audience through this Instagram live, the various levels of depression and its treatment at each respective stage.



HR Speaks

MENTAL HEALTH AWARENESS WEEK

October 9, 2020





TREE PLANTATION



The objective of the event was to make the world a better place to live by planting; and to inculcate the importance of plants amongst people.



STUDENT UNITED WAY CLUB

SEPTEMBER 29 - OCTOBER 5, 2020

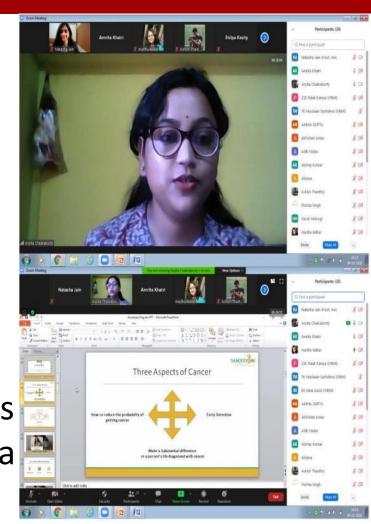




Healthy Lifestyle and Cancer Prevention

A Webinar was conducted in collaboration with Sanjeevani - Life Beyond Cancer, an award winning, registered, Non-Profit Organization. The event was aimed at spreading awareness about healthy, positive lifestyle and early detection and prevention of cancer. The presentation given by the Speakers

Ms. Arpita Chakraborty and Ms. Florina were really topical and informative.



SSAC

October 9, 2020



Distinguished Visitor





His Royal Highness Prince Andrew Duke of York





Conserving the Environment

Rainwater Harvesting Project

Saves: 1000 liters of water

Lesson Learnt: Conserve & Preserve

Impact: Increase in awareness among the students and making them water

warriors of the Future



Inauguration of the Rain Water
Harvesting Project by
Shri Milind Deora, MP
October 8, 2008





Mr. Ratan Tata, Chairman of Tata Group inaugurated the

Solar Lighting Project at HR College March, 8, 2009





His Royal Highness Prince Andrew Duke of York inaugurated the **solar lamp** being produced by the students of SIFE HRC





Joy of Giving



Students' Council

Distributing gifts collected to children of **Hamara Foundation**, working for street children.

January 20, 2017

Students' Council – Teaching the children of H.R. College Associates



Students' Council – Teaching the children of Colaba Municipal School in collaboration with Vidya India







NSS Unit – Bandhara Construction







NSS Unit – Interaction with school kids







NSS Unit – Field Trip with school kids







NSS Unit - Children's Day







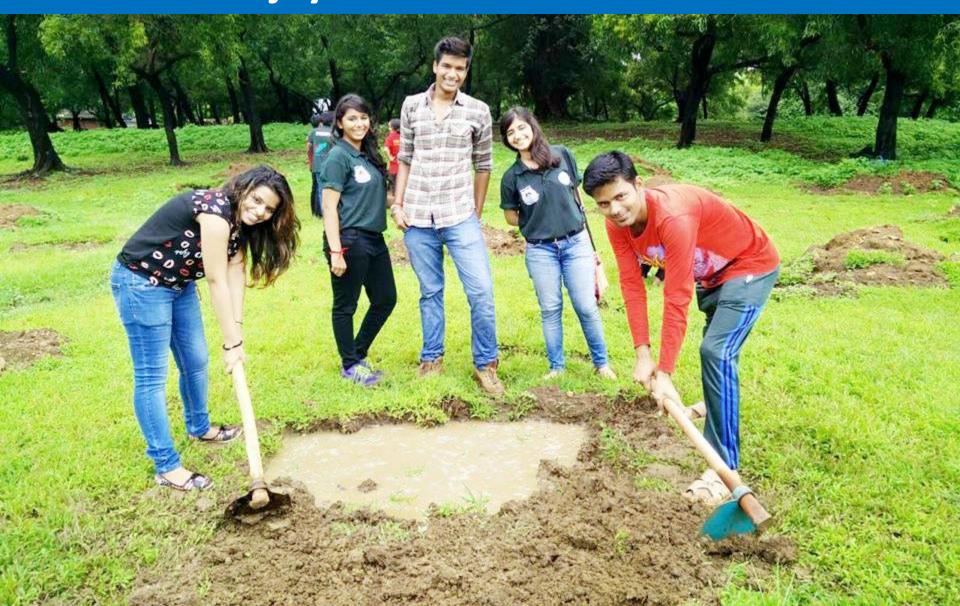
NSS Unit – Painting the school wall of Gorhe village during camp







NSS Unit – Small saplings being planted at the Sanjay Gandhi National Park



NSS Unit – Street Play on Women Empowerment







NSS Unit – Swacch Bharat Abhiyan at Gorhe Village



GEMS – Annual Christmas Party for the Foster Group Children



ENACTUS – The Peach Vibe at Bloomberg's Family Day event held at Kino Cottage



ENACTUS – The Peach Vibe



The Kenkre Champions League

Standard Chartered Mumbai Marathon January 2016





ENACTUS – The Peach Vibe



Quirkflash stall at WTC

Lodha Group December 2016

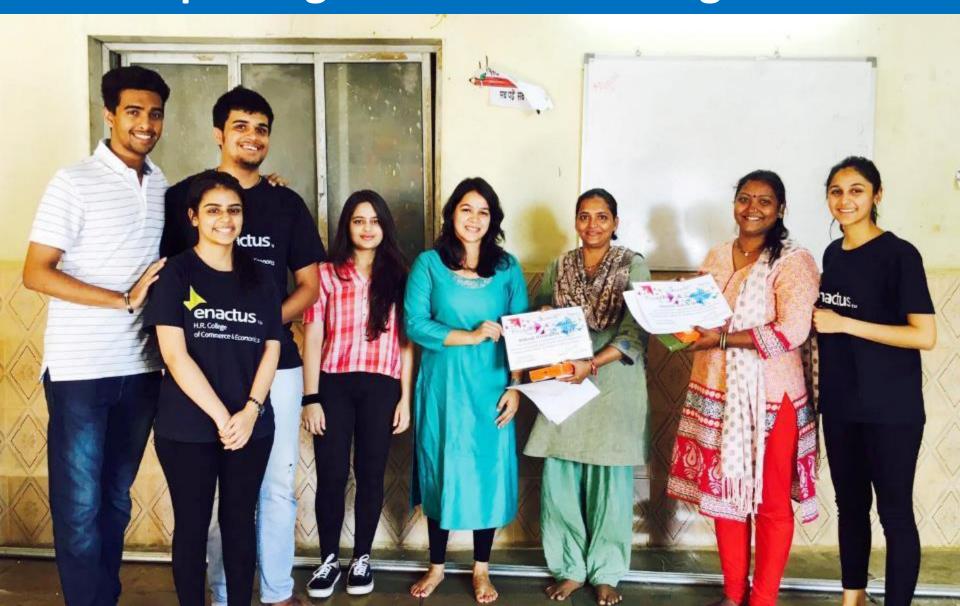




ENACTUS – Wish Upon the Tree – Chennai Flood Relief Donation Drive



ENACTUS – Project Saarthi: training underprivileged women with English skills



Student United Way - Standard Chartered Mumbai Marathon



Student United Way – 'BREAD BASKET - Food for good'



Women's Development Cell: Marrow Donor Registry (India) Campaign in collaboration with Gift - a - life



Women's Development Cell: Mrs. Ashwini Syed, training manager, Safe city conducted a Sexual Harassment Workshop



Tobacco awareness workshop in collaboration with Salaam Bombay Foundation



Mr. Poly George, Project facilitator of SHOUT (Students Helping Other Understand Tobacco)





Women's Development Cell Mr. Pravin Pralhad Chavan, a professional Karate instructor conducted a self defense workshop



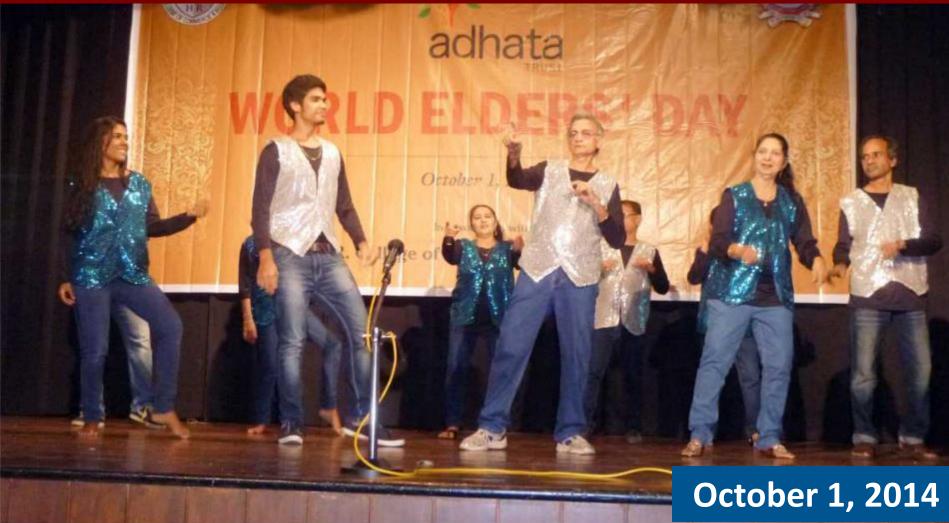
Dept. of Lifelong Learning and Extension – Mumbite organised for Annapoorna Yojna Project







Students' Council of H.R. College and Adhata Trust, organised The World Elders' Day







NSS students at Akanksha Foundation, Abhyudaya Nagar Public School.



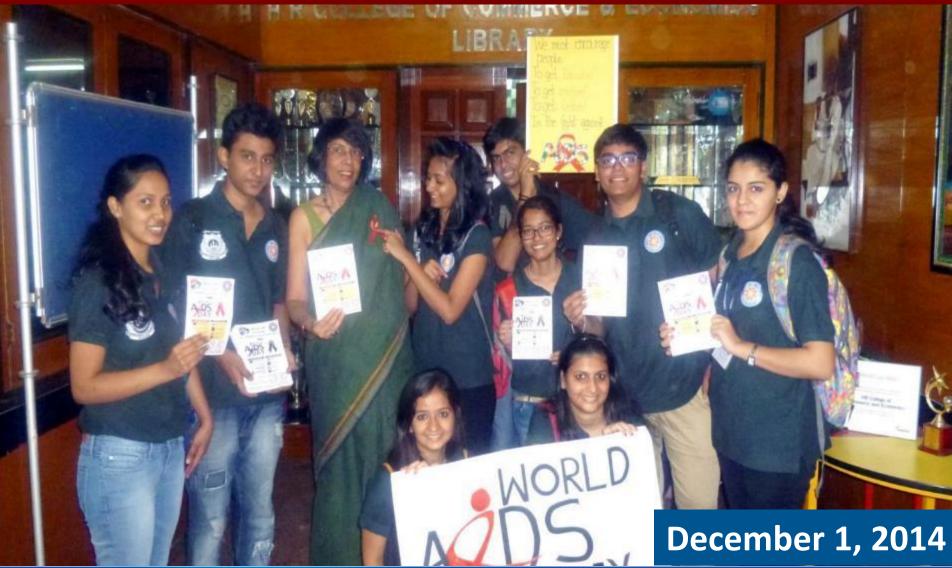
Blood Donation Drive was organized by HDFC Bank and The Students' Council in collaboration with Bombay Hospital



Swaccha Bharat Abhiyaan – An initiative of PM Narendra Modi to mark Mahatma Gandhi's Birth Anniversary



NSS students – World Aids Day







NSS Unit celebrated International Volunteer Day by visiting ADAPT (Able Disabled All People Together)







NSS Unit – Promote Paper Bag Drive







NSS Unit: Health Check – up Camp for Faculty, Staff and Associates



NSS Unit: Health Check – up Camp for Faculty, Staff and Associates



NSS Unit Eye Check-up Camp



Dr. Shrirang Bicchu & team

- The Apex Kidney Foundation



ENACTUS - Project Aasha Campaign 'Click for a Cause'



HR ENACTUS students with Mr. Kailash Satyarthi, Nobel Peace Laureate, 2014



Unison Club visited Access Life Assistance Foundation



Dept. of Lifelong Learning & Extension – Grand Rally in memory of Mahatma Gandhi

